

Project #2—Make a Song or Music Video

Introduction

Many people have misunderstandings of what depression is. They do not understand causes, effects, and treatments for depression. What important information should people know about depression so they can help friends and family?

Task

Your task is to write a song or make a simple music video to teach important information people should know about depression so they can help. You can also educate people on what it feels like to be depressed.

Skills

Critical thinking, research, writing, acting, producing a video, working in a group, performing

Process

1. Review the case study.
2. Discuss the following in a group: Does anyone in the group know someone with depression? Does anyone have training or work experience with people who have depression? Share knowledge with the group.
3. Go to the Project Care website (<http://projectcare.worlded.org/depression/information.html#project2>). You will find helpful information that you can use in your project.
4. Read newspaper and magazine articles or books to find out more experts' advice and information on living with depression, its causes, symptoms, and treatments.
5. Learn the basics of how to write a song. Go to the Project Care website (<http://projectcare.worlded.org/depression/information.html#project2>). You will find helpful information that you can use in your project. Record the song on a tape recorder, computer, or video camera. You can also try creating a simple music video.
6. Decide how your group will share the work:
 - a. Writer for the lyrics
 - b. Writer for the music (or choose an existing song to use for the music)
 - c. Musicians (if performing your own music)
 - d. Director (for music video)
 - d. Actors/actresses and/or artists (for music video)
 - e. Editor (for music video)
7. Practice your performance (and film, if making video).
8. Have your teacher view a practice performance to check it so you can revise it if necessary.
9. Present your song or music video to the class.