

Project #3—Advice for Caregivers

Introduction

Wherever Mary ends up living, her family will be involved with her care and support. Caring for a person with Alzheimer's, however, can be very difficult. What are some of the difficulties for caregivers, and what can they do to make things easier?

Task

Your task is to develop a short training to help relatives and friends who care for people with Alzheimer's.

Skills

Critical thinking, research, communicating, giving advice and counseling others, working in groups, teaching, making presentations

Process

1. Review the case study, if needed.
2. Find out if anyone in the group has experience with people who have Alzheimer's? Share knowledge with the group.
3. Go to the Project Care website (<http://projectcare.worlded.org/alzheimers/information.html#project3>). You will find helpful information that you can use in your project.
4. Make a list of the difficulties that caregivers can have when taking care of people with Alzheimer's.
5. Have each student choose at least one difficulty to research. Find out why it occurs, and how a person can cope with it.
6. Have each student prepare a presentation for the class on what she or he researched. Include images and written information.
7. Practice your presentation, and give each other feedback.
8. Have your teacher view your presentation to check so that you can revise it if necessary.
9. Present to the class.